



Bakersfield Composite Squadron #121

60-Second Safety Advisor #15

Drive Safely – Use your Safety Belt

In most states (California included), safety belt use is required by law. Properly worn safety belts have saved many lives, and may someday save yours. Teens (16-20) have the highest fatality rate in motor vehicle crashes than any other age group. One key reason for high traffic fatalities among teens is that teens have lower safety belt use rates than adults. A significant number of young children also die in car accidents every year. The safest place for children in a car is the back seat and with safety belts properly fastened.

Some people believe that because their car is equipped with an air bag they can get by without wearing their safety belt. Air bags are only a supplement to safety belts. A properly adjusted safety belt has the lap belt positioned low and tight across the hips, not the stomach. If the safety belt includes a shoulder belt, it should be placed over the shoulder, not under the arm or behind the occupant. A lap belt and shoulder belt, properly used, will minimize most injuries due to a crash.

Wear your safety belts and insist that everybody in your vehicle wears them as well. It's the law, and it's the smart thing to do!

